



Follow The Sheep Transhumance In The Lot Valley 1-16 June 2013

Mar 6, 2013

The transhumance of the flocks up to the mountain summer pasture is always a crucial moment for life in the Lot Valley and for the second time, it is happening between the départements of Lot and Cantal.

1000 sheep will progress from the Lot to the Lioran in Cantal where they will stay until mid-September.

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The occasion to discover the area, the diversity of the scenery, the local products and the ancient traditions of local shepherds and farmers.

Why join us ?

Unique ! It is the second edition of the transhumance between the two départements of Lot and Cantal. It is taking place from 1 to 16 June 2013 with 16 stages, over 180 km !



Visits of the most emblematic sites of Lot and Cantal : from the Quercy arid soil to the green Lioran resort, the flock and its guides will take you through amazing sceneries.

Preservation of the environment : one of the main objective of this first Lot-Cantal transhumance is environmental : development of the flock for the Lot department shepherds , stop using trucks to take the flock to the summer pastures, reduction of costs and also labour so they can concentrate on farming. For the Cantal department, owner of the Lioran mountain summer pasture, who has to maintain the pastures, the transhumance allows bio-diversity preservation, the sheep helping growing good quality grass, which is essential in the maintain of the snow in the winter season.

Promotion of shepherds trade and discovery of their work (with shepherds dogs demonstration, sheep shearing and wool weaving, ...)

Plus lots of entertainment planned in all the villages visited : food testing , gourmet dinner, dance and traditional bands festivals, ...

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The stages

16 days with 4 main stages :

Departure of 700 sheep on the 1 June 2013 from **Espédailiac in the Célé Valley**. On Monday 3, the flock will cross **Figeac**, Champollion's town before joining the Châtaigneraie pastures the next day.

In Cantal , at **Boisset** 300 more sheep will join the flock so it will be 1000 sheep which will arrive on the 16 June at **Le Lioran** pastures where they'll spend the summer.

Week-end offer for your readers !

Take part in an unique experience ! Join the shepherds for this second edition of the Transhumance from the Lot Valley to the Cantal volcanos. During one week-end, follow the 1000 sheep coming from the Causses plateaux to the Lioran, by the



largest volcano in Europe.

Program :

Saturday 15 June : departure from Mandailles Saint Julien with the guide. Follow the flock in the Jordanne Valley, discover the Pastoral traditions. Picnic on the way. In the evening, dinner and night at Le Buron* de Meije Costes (www.refuge-meigecoste.com) - (*buron is a traditional stone house where they used to make the Cantal cheese)

Sunday 16 June : departure with the flock and the shepherds to the Lioran ski resort, last stage after 15 days of transhumance! Picnic during the day. Entertainment (sheep shearing, work of the shepherds dogs..), food testing, ...

Shuttle to go back to Mandailles Saint Julien.

Price : 100 euros per person (min. 5 participants, max. 12)

A press trip can be organised anytime between 1st and 16th June, please note that a confirmed commission is required before the trip.

More information on www.lotvalley.com

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